

Cara Cox

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Life-long multidisciplinary creative artist that currently works on feature films in the art department, production, property, and acting/directing avenues. Tulsa native with a BFA in Theatre Performance and 25+ years of experience working in theatre, film, and music.

Professional Experience

Screen (Production)

The Christmas Love Tree
Unplugging
IDA RED
Storyfile

Property Master
2nd 2nd AD, Set Painter
Cast, PA Cast Driver
Production Assistant

Cassidy Lunnen, Red Clay
Dir. Debra Neil Fisher
Dir. John Swab
Ari Palitz

Stage (Acting)

Woyzeck
The Great Gatsby
Twelfth Night
Measure for Measure
Voiced
The Children's Hour
Anne of Green Gables

Margaret
Ensemble
Lady in Waiting
Mariana
Babygirl
Mary
Diana

Univ of Central Oklahoma
Theatre Tulsa
Theatre Tulsa
Univ of Central Oklahoma
UCO, Irene Ryan Nominee
Theatre Tulsa
Theatre Tulsa

Screen (Acting)

IDA RED
Body Brokers
Elizabethtown
Third Time's a Harm

Jay's Girlfriend
Zippy
Lead Extra
Lead

John Swab
John Swab, Roxwell Films
Paramount, Chris Freihoffer
Univ of Central OK

Education

B.F.A. in Theatre Performance May 2015, University of Central Oklahoma,

Training

Meisner Technique
Lessac Training
Suzuki/Veiwpoints
Tom Logan Acting Seminar
Chicago City Limits Workshop
Actors' & Children's Theatre

Kato Buss, PhD
Daisy Nystul, MFA
Melina Belifant

Univ of Central Oklahoma
Univ of Central Oklahoma
Quartz Mountain
Linda Layman Agency
New York City
Tulsa, Oklahoma

(Student from 1997-2006)
(Asst. Director 2006-2012)

Oklahoma Summer Arts Institute (Performance) 2007, 2008 Quartz Mountain

Awards

KC/ACTF Region 6 Irene Ryan Nominee 2013
Alpha Psi Omega Theatre Honor Society Member 2012
Governor's Commendation for Outstanding Achievement in the Arts 2008
National Shakespeare Competition (Oklahoma Finalist), New York City 2007