



Valerie L. Parker

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about

A professional seamstress with over a decade of experience producing high-quality boutique clothing, styling and costume designing for musical productions and feature films, and completing alterations and custom designs for major ballet productions. Adept at adapting to highly stressful situations, thinking quickly, reacting effectively to challenging circumstances, resolving issues promptly, and managing a team for multiple simultaneous productions.

education

01/2011 — Present

Professional Seamstress

Extensive knowledge of clothing construction, alterations (major and minor), pattern development, custom design, color theory, quick fixes, and fabric comprehension. Specific areas of skill: special occasion wear, ballet costumes, streetwear, pageant dresses, costumes, theater costumes, and performance wear.

experience

Slightly Altered Productions

February 2011 — Present
Oklahoma City, OK

Personal Stylist

February 2012 — Present
Yukon, Oklahoma

Live Like That

10/2025 — 12/2025
Tulsa, OK

South of Stillwater

09/2025 — Present
Oklahoma City, OK

HORRIFIED

05/2025 — 08/2025
Tulsa, OK

Bad News At The Doorstep

04/2025 — Present
East Greenwich, Rhode Island

Owner / Seamstress / Designer / Teacher

Accomplished seamstress who designed, created, and styled boutique clothing; styled photo shoots for local photographers; participated in high-traffic market shows; designed merchandise displays; and worked extensively with special occasion wear, everyday wear, alterations for fit issues, and costumes, with a broad capacity for sizing clothing for any body shape.

Personal Stylist

Costume Designer

Head of Department

Costume Designer

Costume Designer
Head of Department

Costume Designer

Head of Department/Costume Designer

Costume Designer

1950's period piece

skills

Professional Seamstress

Wardrobe Styling

Costume Design

Major and Minor Alterations

Sizing and Measurement

Precision

Custom Development

Continuity

Budget Requisites

Character Research

Pattern Design and Selection

Quick Changes

Custom Clothing

references

Meghan Schaetzle

Producer

(818) 731-3319

meghan@metropolitantv.net

Cara Adney

Film Industry Training Project

Manager

(405) 612-5689

caraa@meridiantech.edu

Kyle Roberts

Director/ Producer

(405) 471-3019

reckless.pictures@gmail.com

Mike Zara

Writer/Director

(323) 533-2286

zara.mike@gmail.com

Pale Night

02/2025 — 04/2025

Oklahoma City, Oklahoma

Mardi Gras Murders

02/2025 — 03/2025

New Orleans, Louisiana

The One

10/2024 — 01/2024

Oklahoma City, OK

Rated

09/2024 — 11/2024

Oklahoma City, OK

Drive Through Fire

09/2024 — 11/2024

Oklahoma City, OK

The Huntsman

04/2024 — 06/2024

Oklahoma City, OK

Jurassic Games

03/2023 — 04/2023

Oklahoma City, OK

Keep Quiet

01/2024 — 02/2024

Oklahoma City, OK

FEIO

12/2023 — 12/2023

Oklahoma City, OK

Reverence

11/2023 — 12/2023

Oklahoma City, OK

**Oklahoma Central
Ballet**

11/2019 — Present

Yukon, Oklahoma

Costume Designer

1930's Period Piece

Costume Designer

Costume Designer / Head of Department

Costume Designer / Head of Department

Costume Designer / Head of Department

Costume Designer / Head of Department

Costume Designer / Head Of Department

Costume Designer / Head Of Department

Costume Designer / Instructor

Costume Designer and Professional Instructor

Costume Designer / Head Of Department

Master Seamstress / Costume Designer

Converse

10/2023 — 10/2023
Commercial

Seamstress**We're Here**

10/2023 — 10/2023
Tulsa, Oklahoma

Seamstress

Professional seamstress for the designer.

Fairwood Season Two

03/2023 — 09/2023
Oklahoma City, Oklahoma

Costume Designer / Head of Department**Beldham**

02/2023 — 03/2023
Bartlesville, OK

Costume Designer / Head of Department**What Rhymes With Reason**

08/2022 — 10/2022

Costume Designer / Department Head**Blunt**

05/2022 — 08/2022
Boston, Massachusetts

Costume Designer / Department Head**Cricket**

02/2022 — 04/2022
Oklahoma City, OK

Costume Designer / Head of Department**Land of Gold**

09/2021 — 11/2021
Oklahoma

Costume Designer / Department Head**A Baby at Any Cost**

08/2021 — 09/2021
Oklahoma City

Costume Designer / Department Head**The Nanny Knows**

06/2021 — 07/2021
Oklahoma City

Costume Designer / Head of Department**Beauty of Love**

05/2021 — 06/2021
Oklahoma City

Costume Designer / Head of Department

Deadly Debutantes

03/2021 — 04/2021
Oklahoma

Costume Designer / Department Head

My Terrorized Teen

03/2021 — 04/2021
Oklahoma

**Co-Costume Designer /Department Head /
Wardrobe Supervisor**

Prisoner of Love

02/2021 — 03/2021
Oklahoma

Costume Designer /Department Head

Malicious Motives

01/2021 — 02/2021
Oklahoma

Costume Designer / Department Head

Deadly Dormitory

11/2020 — 12/2020
Oklahoma

Costume Designer /Department Head

Hostage House

11/2020 — 12/2020
Oklahoma

Costume Designer /Department Head

Sisters for Life

10/2020 — 11/2020
Oklahoma

Costume Designer /Department Head

**How I Met Your
Murderer**

10/2020 — 11/2020
Oklahoma

Costume Designer /Department Head

Cheer for Your Life

07/2020 — 09/2020
Oklahoma

Co-Costume Designer /Department Head

Tracking a Killer

07/2020 — 09/2020
Oklahoma

Costume Designer /Department Head

A Country Romance

05/2020 — 06/2020
Oklahoma

Costume Designer /Department Head